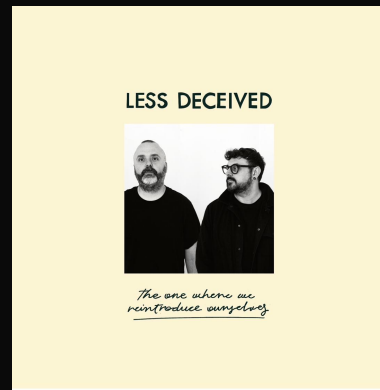


LESS DECEIVED

ELECTRONIC PRESS KIT



"The one where we reintroduce ourselves"
Out 17th April 2026 on vinyl, CD & streaming

Bio

Less Deceived are Adam and Dave, a two-piece originally from Hull, now based between London and Leicester, making big, heartfelt rock songs about friendship, loss, and refusing to waste any more time.

The pair hadn't spoken properly in years. Adam had moved to New York, then London. Dave went to Leicester to teach music. A decade slipped by. Then Adam was diagnosed with mitochondrial disease, the same rare genetic condition that took his mum, and he's gradually losing his hearing.

They met up, had a couple of pints, and hatched a plan to make the album they'd always talked about. Working remotely between London and Leicester, meeting once a month in a hired studio, they wrote, recorded and produced "The one where we reintroduce ourselves," their first release in over ten years.

Mixed and mastered by Sam Cook.

Three singles from the album are streaming now: "These are the good days," "Something about the weather" and "Wansbeck road."

"The one where we reintroduce ourselves" is released 17th April 2026. The vinyl edition is divided into two sides, "The one where we reintroduce ourselves" and "Still searching," tracing the full arc of the record from coming back to still figuring out what comes next.

FFO: The Menzingers, The Wonder Years, Sam Fender, Frightened Rabbit, Spanish Love Songs

Previous press

Punktastic (news feature, video premiere, album review)

Already Heard (influences feature)

New Noise Magazine (album review)

Soundsphere Magazine (EP review)

Circuit Sweet (video premiere)

The Punk Site (EP review)

The Soundboard Reviews (EP review)

Altcorner (A-Z interview)

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